MAJLIS
KHUDDAMUL AHMADIYYA
UNITED KINGDOM
UK Registered Charity No. 1135657

CORONAVIRUS HOMEOPATHY PREVENTION & TREATMENT COURSE

Homeopathic medicines have been used extensively for flu-like symptoms and in epidemics around the world. If you decide to take a homeopathic medicine, this should be in addition to the various measures outlined by Chief Medical Officer and Public Health England and should not be your only approach. Selection of the most appropriate homeopathic medicine is based on an individual's unique symptoms. However, Gelsemium 30c and Bryonia 30c are commonly used for flu-like symptoms and have a long-established, traditional usage over many years. The below has been suggested as remedies by homeopaths that can be used for such viruses.

v1.0

PREVENTION COURSE

User Category	Homeopathic Medicine	Frequency	Week 1							Week 2							Week 3							Week 4							Week 5							Week 6							Week 7							Week 8						
			M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
Children under age of 5 years	ACONITE 200 ARSENIC ALB 200 GELSEMIUM 200	Day	■							■														■													■														■						
	CHELIDONIUM MAJ-1X	Day																																																						
Children aged 5 to 15 and Pregnant Ladies	ACONITE 200 ARSENIC ALB 200 GELSEMIUM 200	Day	■							■														■													■														■						
	CHELIDONIUM MAJ-1X	Day				■							■														■													■														■			
All people other than above two	ACONITE 200 ARSENIC ALB 200 GELSEMIUM 200	Day	■			■				■			■											■			■										■			■													■			■			
	CHELIDONIUM MAJ-1X	Day		■		■		■			■		■		■										■		■		■										■		■		■										■		■		■	

TREATMENT COURSE

User Category	Homeopathic Medicine	Frequency	Week 1							Week 2							Week 3							Week 4						
			M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
All infected people	INFLUENZIUM 200 BACILLINIUM 200 DIPHTHERINIUM 200	Morning	■	■	■	■	■	■	■			■			■				■			■		continue to take it until you have recovered from the infection Inshallah						
		Evening	■	■	■	■	■	■	■																					
	ARNICA 30 BAPTISEA 30 ARSENIC ALB 30 HEPAR SULPH 30 NAT. SULPH 30	Morning	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■							
		Evening	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■							
	CHELIDONIUM MAJ-1X	Morning	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■							
		Evening	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■							

■ = 1 dose

DISCLAIMER

Homeopathic options can form one part of your approach to the current Covid-19 outbreak but should always be used alongside other measures. If you have current symptoms or are concerned that you may have been exposed to coronavirus, it is important to call 111 to seek appropriate advice, in keeping with current guidelines.

FAQs

1. Where can I get the medicine from?
Please contact your Local Jamaat Sadr who will be able to help you.

2. What's more effective liquid (drops) or globules?
The medicines in 200 and 30 potency should preferably be taken in globules. If you would like to use your own supply of medication and do not have globules, then you can also take the 200 and 30 potency medicine by putting 1 drop in a small amount of water. Chelidonium Major should be taken in drops only.

3. How do I take multiple medicines together when taking drops?
If you would like to use your own supply of medication, then the medicines in 200 and 30 potency should be mixed together in a small bottle of globules, 5 drops of each medicine. If you do not have globules, then you can also take the medicine by putting 1 drop of each medicine mixed together in a small amount of water. Chelidonium Major should be taken in drops only.

4. How should you take the medicine?
The medicines in 200 and 30 potency should preferably be taken in globules. One dose is 4-5 globules and should be taken 30 minutes after a meal. Chelidonium Major should be taken in drops only, 10 drops is one dose and should be taken 30 minutes after a meal.

5. What if I miss I dose?
This should not cause any major issues. Simply take it the next day or the next time you remember ensuring you follow the general guidelines.

6. Are there any restrictions on other medicine when taking homeopathic medicine?
No.